

# JULY OUTDOORS

To obtain the full activity pack head to [www.loveoutdoorlearning.com/free-resources](http://www.loveoutdoorlearning.com/free-resources)

<b>Picnic</b> Can you have a picnic outdoors? Breakfast outdoors is especially fun!	<b>Scavenger Hunt</b> It is Clean Beach Week - can you go on a shell scavenger hunt? Get it in the pack	<b>Children's Art Week</b> Can you create summer art using chalk? Let everyone see it!	<b>Make</b> Can you make a stick person? Use natural materials to dress them!	<b>Challenge</b> Can you create a piece of art only using found materials?	<b>Children's Art Week</b> Can you create a seaside inspired piece of art?	<b>STEM</b> Can you make a bee bath? Instructions are in the pack!
<b>Share</b> Can you share a story together in the garden or other outdoor space?	<b>Spot</b> Can you spot different types of bees? There are 24 different types within the UK	<b>Don't Step on a Bee Day!</b> Can you make a bee hotel? Instructions are in the pack	<b>Food</b> Can you have lunch outdoors? Remember, leave no trace!	<b>British Archology Week</b> Can you visit an old site close to home? Or just find something old!	<b>Adventure</b> Head out into the world today and be an adventurer! Where will you visit?	<b>British Archology Week</b> Can you make a mini roundhouse? Instructions are in the pack!
<b>Mindfulness</b> Can you gently follow a bee? Don't get to close but watch where it goes!	<b>Free Play</b> Play outdoors today and do whatever you like, just stay safe	<b>Den</b> Can you build a den in your garden or other outdoor space?	<b>Wild Card Day</b> Let the kids plan today! Join in with what they plan and see what fun can be had	<b>Long Seat</b> Can you sit still and stay quiet and see how many bugs you can spot?	<b>Explore</b> Try and find a new spot to explore in your local park today	<b>Meditation</b> Take some time to sit outside and watch the clouds, observe them passing by
<b>Challenge</b> Can you use natural materials to build a tower? How high can it go?	<b>Read</b> Can you read a local folklore story? If you are stumped, download our Green Man Story	<b>Write/ Draw</b> Can you create a cartoon about the life of a bee?	<b>Preserving Awareness Week</b> Go a walk berry picking, just be careful and stay safe	<b>Make</b> Make jam with the berries you collected yesterday	<b>National Marine Week</b> Can you go visit a beach and build a sand castle?	<b>Reflect</b> What has been your favourite thing so far this month?
<b>i-spy</b> Can you play i-spy with plants and berries?	<b>Kim's Game</b> Can you play Kim's Game using seashells? Use our sheet to help you name them	<b>Free Play</b> Get outdoors and play today!				



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# Shell Scavenger Hunt



Mussel  
Shell



Scallop  
Shell



Razor



Whelk



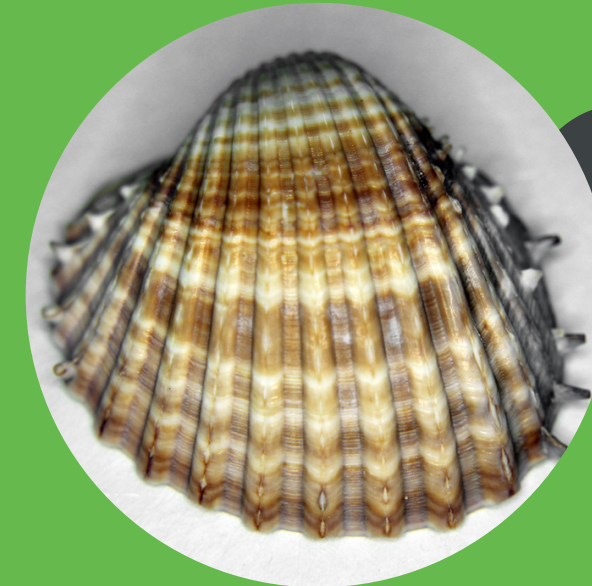
Periwinkle



Auger Shell



Otter Shell



Cockle Shell



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# Bee Bath

## Kit Required

Shallow dish  
Stones  
Fresh Water

## Getting Started

1. Place a collection of stones into a shallow dish

This provides the bees with somewhere to land and sit while they drink

2. Find a spot to place it in the garden on ground level

A space close to where you see bees collecting pollen is a great place as the bees will notice it and in the shade is even better

3. Fill it with just enough water that it will last the day but is below the level of the stones

4. Make sure and refill it every day

We need fresh water every day and the bees are just the same

Bees need water for a few reasons this includes

- manage the consistency of honey
- help with digestion
- keep the hive cool
- feed the baby larvae bee



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# Shadow Art

There are many ways to make a sundial, but here is a straightforward one.

## Kit List

A sunny day

Loose materials

Imagination



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# Bee Hotel

## Kit Required

Plant pot

Modelling clay

Plastic straws or bamboo (while straws are plastic they are much more child friendly in this task but if you work together then bamboo is great)

String

## Getting Started

1. Measure the depth of your pot

2. Cut the straws or bamboo canes so they fit the depth. This is fiddly and can take time. Please ensure you have an adult to help and are careful with the scissors or saw

3. Use some string to tie the straws together as a bundle, you want your bundle to fill your pot so check it as you go or just popped the trimmed straws/ bamboos into the pot as you go so you know when it is filled

4. Place some modelling clay into the bottom of the pot

5. Push the bundle of straws or bamboo canes into the clay in the bottom of your pot, you want them to feel tight and like they want fall out

6. Place this horizontally in your garden in a spot that the bees will like



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# Build a Crannog/ Round House

## Kit List

Sticks  
String

## Instructions

1. Push sticks that are around 10-15cm in length into the ground in a circle
2. Build the walls around this circle, you can use cardboard but it can be more fun to use loose materials, weaving grasses or straws between the sticks. This is fiddly and takes time but is very rewarding
3. Loosely push longer sticks into a circle which is larger than your wall circle, do not push your sticks in deep as you will want to pull them out in a few minutes
4. Tie the ends of the sticks together so they form a loose cone
5. Carefully pull the sticks up out of the ground and place onto the walls, you have a roof
6. Cover the roof in loose materials, mosses and ferns can work well here

## What is a Round House or Crannog?

A roundhouse is houses which were built in the UK and Western Europe throughout the Bronze and Iron Ages. They had wooden upright posts and woven walls covered in daub, which is a mixture of clay, straw and animal poo!! A crannog is similar but was built upon water.



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# Do you enjoy our packs and ideas? Then read on...

## Are You An Educator

Our Membership Portal supports all your learning and planning needs. With over 130 lessons covering all curricular subjects, there is plenty to inspire you and support you in outdoor learning.

The lessons are adaptable for children from 3 to 12 years old. We even have curriculum plans to make planning really easy for you. We work with our schools and nurseries every month to support them in their outdoor journey.

We also offer high-quality training and pupil experience days. These are led by Carol, a fully qualified teacher and outdoor learning practitioner. These are always adapted to the school, and your needs and are as individual as you.

Please email us to find out more.

## Or A Parent

If you are looking for more ideas, we have a parents portal. This has over 100 ideas to help you get your family outdoors, having fun while supporting learning.

The activities are have been designed with the 3-12 curriculum in mind.

We also run a range of children and family sessions throughout the year across central Scotland.

We have our families Facebook group, which provides you with support and ideas and help you connect with other outdoor families!

To find out more or book an outdoor session check out our website or email us!

The planning and regular emails with the Members portal make my life so much easier. Carol and the team are always ahead of me in the diary so it is easy to include and if I have any questions I just email. Thank you for making my life easy!

Jenny (Teacher)

I love this! I am a primary teacher and a mum. The activities we've done have been the most fun and engaging learning we've done during lockdown. Logan loves being outside and working with natural resources. It's helped his imagination, counting, mark-making, creativity, motor skills and speech. I'd 100% recommend Love Outdoor Learning.

Lynne (Parent and Teacher)

The Love Outdoor Learning team are just amazing. My boys love them both and every activity is focused on their development as well as using nature. Absolutely fabulous.

Vikki (parent)



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