

DECEMBER OUTDOORS

www.loveoutdoorlearning.com/free-resources

Tree Dressing Day

Instead of tinsel, can you make some tasty treats for the birds. Instructions in the pack

Long Sit

Sit back, sit still and watch the birds. How many can you see? Are any still migrating?

Den

Can you make a wee den for an elf? They are so busy at this time of year!

Adventure

Be a polar explorer and head out on an adventure, where will you go?

Scavenger Hunt

Check out the pack to for an early winter scavenger hunt... what signs are you looking for?

Kim's Game

Can you collect natural items and use them to play and extend your vocabulary

Write

Use what you have learned about winter to write a short story!

Natural Decoration

Check out the pack to discover how to make a star decoration using natural finds

Make

Can you string some popcorn to make a tasty garland for the birds?

Mindfulness

Walking or sitting, switch on your ears and see how many sounds you can hear

Free Play

Teach your adult a game you enjoy playing outside

I-Spy

Can you play i-spy and see how many natural things you can now identify

Wild Card Day

Get outdoors and do whatever you want today, the only rule is to stay safe!

A Wee Walk

Take a walk after dark and see if you can spot Jack Frost. I loved this when I was wee

Draw It

Can you draw a picture of Jack Frost? We would love to see it!

Research

Where does frost come from?

Art

Look up Andy Goldsworthy... Can you create winter art like he does?

Relax

Sit, walk, chill... do what makes you feel relaxed and happy outdoors

Write It

Can you write about Jack Frost? It might be a story, poem, cartoon, whatever you like!

Wild Card

Let the kids decide what to do outdoors today

Winter Solstice

Make use of the longest night and go a walk looking for lights

STEM

Can you make snowflakes? Use twigs or paper and see what you can create

Munch It

Have a winter picnic outdoors, mince pies or hot chocolate can make it feel very special

Wild Card

Let the kids decide what to do outdoors today

Christmas

I always enjoy a walk after my Christmas meal, why not head out and make space for pudding?

Den

Can you make a cosy den outdoors to snuggle into?

Free Play

Ask your adult to teach you a game they played when they were kids

Campfire

A warming campfire is wonderful in winter. Can you and your adult enjoy it together?

Blow Away The Year

Blow away the cobwebs of 2021 and head out a long walk

Write and Reflect

What have you enjoyed outdoors this year?

Hogmanay

Grab your torch and join in a torchlit procession or create one just with your family



Get more ideas
and share your
adventures
with us!

Bird Cones

A simple and quick bird feeder to make is a cone bird feeder

Kit

String

Bird Food

Pine Cones

Lard or Peanut butter

Instructions

Simply collect some cones and tie a string on them (so you can hang them on trees)

Then smear the cone in peanut butter or lard, try and get it in all the nooks and crannies

Once you have done this simply roll your bird feeder in some bird seed

Finally, head outdoors to hang your bird feeders and give your feathered friends a tasty treat



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Apple Feeder

While s'mores are delicious, they are not the only chocolatey treat you can make on the campfire. Have you had Banana Boats?

Ingredients

Apple

String

Seeds

Sticks

Instructions

To start, lash 2 sticks together in a cross. Put aside until the end.

Core your apple. You just want to remove the core so it has a channel running up the middle.

Use seeds, sunflower seeds work particularly well, to decorate your apple. With younger children you may wish to provide a skewer to start the hole before pushing the sunflower seed in.

Use the seeds to create patterns. These can be more intricate for older or more able children.

Then, once your apple is complete, pop it onto the sticks with the string running through the centre, where the core was.

Use the string to hang the apple.



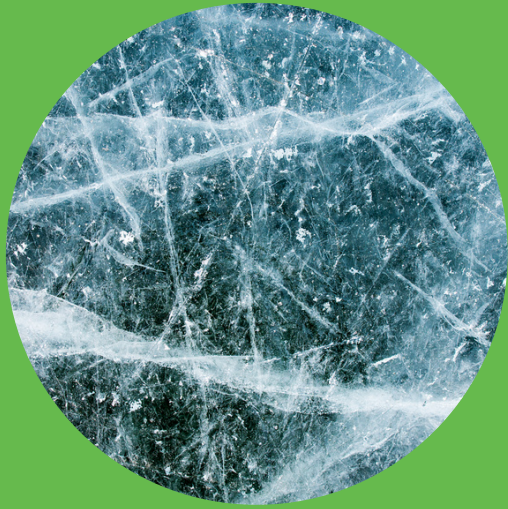
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Winter Scavenger Hunt

Did you know...

That while it is winter here in Scotland, Australia is enjoying their summer!



Icy windows



Frost on the grass



Trees with no leaves



A frozen puddle



Snowmen



A Robin



Brown Leaf



Animal Tracks



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Winter Star

This star can be a little tricky for younger children but is a really sweet task to work on together.

Kit Required

Sticks

String/ wool

Instructions

Step 1 - Go a walk! Whilst out collect 6 twigs that are all roughly the same length

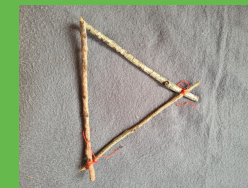
Step 2 - Bind together the ends of 2 of the twigs together.

Step 3 - Add the next stick and bind it to the ends of the first 2, creating a triangle.

Step 4 -Weave the next stick between 2 sides of the triangle

Step 5 - Weave the next stick through and bind both ends together

Step 6 - Weave the last stick in and attach this before adding a loop for hanging.



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Do you enjoy our packs and ideas? Then read on...

Are You An Educator

Simplify your planning, reduce your stress and take every subject into your playground or outdoor space!

Our Membership Portal supports all your learning and planning needs. With over 130 lessons (and growing) covering all curricular subjects, there is plenty to inspire you and support you in outdoor learning.

The lessons are adaptable for children from 3 to 12 years old. We even have curriculum plans to make planning really easy for you.

We also offer high-quality training and pupil experience days. These are led by Carol, a fully qualified teacher and outdoor learning practitioner. These are always adapted to the school, and your needs and are as individual as you. Please email us to find out more.

Or A Parent

Support your child's learning while they have fun outdoors!

If you are looking for more ideas, we have a parents portal. This has over 130 ideas to help you get your family outdoors, having fun while supporting learning.

The activities have been designed with the 3-12 curriculum in mind.

We also run a range of children and family sessions throughout the year across central Scotland.

To find out more or book an outdoor session check out our website or email us!

The planning and regular emails with the Members portal make my life so much easier. Carol and the team are always ahead of me in the diary so it is easy to include and if I have any questions I just email. Thank you for making my life easy!

Jenny (Teacher)

I love this! I am a primary teacher and a mum. The activities we've done have been the most fun and engaging learning we've done during lockdown. Logan loves being outside and working with natural resources. It's helped his imagination, counting, mark-making, creativity, motor skills and speech. I'd 100% recommend Love Outdoor Learning.

Lynne (Parent and Teacher)

The Love Outdoor Learning team are just amazing. My boys love them both and every activity is focused on their development as well as using nature. Absolutely fabulous.

Vikki (parent)



Get more ideas and share your adventures with us!

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